

IN THE CLAIMS:

Please cancel claims 1-24.

Please add new claims 25-39.

The claims of this application are listed below as follows:

Claims 1-24. (cancelled)

25. A method for the prevention or treatment of muscular fatigue or muscular damage and a disease associated therewith, which comprises administering to a human an effective amount of N-(3,4-dimethoxycinnamoyl) anthranilic acid or a pharmaceutically acceptable salt thereof or a pharmaceutically acceptable solvate thereof.

26. A method as claimed in claim 25 wherein the muscular fatigue or muscular damage is caused by exercise stress.

27. A method as claimed in claim 25 wherein the muscular damage is associated with or incidental to a surgical injury or a surgical procedure.

28. A method as claimed in claim 25 wherein the muscular damage is a pulled muscle.

29. A method as claimed in claim 25 wherein the disease is a muscle pain.

30. A method as claimed in claim 25 wherein the disease is myofibrosis at a damaged part caused during restoration of muscular damage.

31. The method of claim 25 wherein said N-(3,4-dimethoxycinnamoyl) anthranilic acid is administered orally.

32. The method of claim 31 wherein said N-(3,4-dimethoxycinnamoyl) anthranilic acid is administered as an edible food.

33. The method of claim 32 wherein said food is solid.
34. The method of claim 32 wherein said food is liquid.
35. The method of claim 32 wherein said food is a gel.
36. The method of claim 26 wherein said N-(3,4-dimethoxycinnamoyl) anthranilic acid is administered for a period from at least 2 days before said exercise stress.
37. The method of claim 26 wherein said N-(3,4-dimethoxycinnamoyl) anthranilic acid is administered for a period of at least 3 days after said exercise stress.
38. The method of claim 27 wherein said N-(3,4-dimethoxycinnamoyl) anthranilic acid is administered for a period from at least 2 days before said surgical procedure.
39. The method of claim 27 wherein said N-(3,4-dimethoxycinnamoyl) anthranilic acid is administered for a period of at least 3 days after said surgical procedure.
40. A method for the inhibition of and promotion of recovery from muscular fatigue or muscular damage and a disease associated therewith, which comprises administering to a human an effective amount of N-(3,4-dimethoxycinnamoyl) anthranilic acid or a pharmaceutically acceptable salt thereof or a pharmaceutically acceptable solvate thereof.
41. A method as claimed in claim 40 wherein the muscular fatigue or muscular damage is caused by exercise stress.
42. A method as claimed in claim 40 wherein the muscular damage is associated with or incidental to a surgical injury or a surgical procedure.
43. A method as claimed in claim 40 wherein the muscular damage is a pulled muscle.
44. A method as claimed in claim 40 wherein the disease is a muscle pain.

45. A method as claimed in claim 40 wherein the disease is myofibrosis at a damaged part caused during restoration of muscular damage.